

Do you know your child's full potential?

Laying down the groundwork in a child's first five years of life is the bridge towards success in their academic and recreational pursuits.

Because parents/primary caregivers play a vital part in this process, they and their kids receive equal attention at SPRING, under its unique "Duo Perspective". SPRING creates a spacious, comfy and relaxed setting where children and parents can connect with their peers and teachers. Families are invited play and stay as often as they wish, while taking opportunities to ask all kinds of questions about child-rearing and parenting. It is a dynamic place for both children and parents to gather, learn and grow together.

With this in mind, SPRING's team of early childhood educators, child specialists, nutritionists and occupational therapists have developed its four "Pillars": Sensory, KindyROO, Cooking and SuperSport.

SPRING's Four Pillar Programme

Using the four pillars as cornerstones, SPRING's main goal is to unleash each child's unique talents and interests so that they will realise their full potential later in life.

In the modern era of TVs, iPads and other digital devices, children nowadays have fewer opportunities to learn from and explore the natural environment around them. Children without proper stimulation of all of their senses may not as effectively understand and interpret the world. Sensory@SPRING offers a safe and controlled environment for children to develop and enhance all seven senses which are important for success in all of life's pursuits. Classes are instructed by an Occupational Therapist, who guides children and parents to use and play with the sensory-rich bonanza including a water and messy play table, swings and a zip line fitted in a padded room and much more.



SPRING's interiors project a calming and inviting ambience for kids and parents.

KindyROO is a neurophysiological (brain and body) programme where children take part in various activities, including coordination and strength building, sequencing, music, movement and motor planning. Mastering these skills helps get children ready for learning at school, while parents will gain the knowledge to better support their child's development and growth with each class.

Offering more than culinary skills to children, Cooking@SPRING plants the seeds of independence and forges healthy eating habits. Children learn about culture through food; table etiquette; and the process and creativity for cooking healthy meals with interesting recipes are also emphasised. Children are encouraged to share the food they have prepared together, and developing social and emotional skills.

Expending children's boundless energy has never been more fun than with Supersport@SPRING. Little ones will find learning important life skills such as teamwork, problem solving, communication and coping with winning and losing are much easier and enjoyable when playing in a group. Children get to rumble,

tumble and play different games and sports activities set up in the spacious indoor stadium each week.

Support for Parents/Caregivers

At SPRING, parents and caregivers receive comprehensive support through a well-developed resource network. Handy parenting reference books and materials are available at the centre for parents. Topical articles written by child education specialists and family raising experiences by parents are frequently shared on its website. SPRING also hosts information sessions and short courses regularly, where parents and caregivers have opportunities to talk to experts such as child psychologists and play therapists.

SPRING welcomes all parents and children to discover and experience its programmes. The Discovery Class is an opportunity for children to try out any of SPRING's programmes suitable for their age, once per programme for a fee.



KindyROO uses movement to boost brain development in young children.



SPRING relaxation area.