

Tapping into their True Potential

Babies develop at their own pace and in such unique ways that it can often be very confusing for parents to know how well they are doing. "Here at SPRING we place emphasis on parents and children alike. We call it 'duo perspective', as both parties are treated as equal learners," says Etta Lee, Centre Principal of SPRING.

"Parents are the first teachers children have in their lives. For sure they will also want to be

parents take the classes together, so the kids get all the benefits from individual attention and the parents learn to do their job better, which is our primary goal," she remarks. "We want to engage parents to be the vital part of their children's growth here."

As the values and skills learned early on are fundamental building blocks for future life, SPRING explores every child's unique talents and interests to realize their potential through four specially designed learning pillars, namely KindyROO, Sensory Integration, SuperSport and Cooking. These four programs are carefully researched and tailored to optimize skill setting and supplement school education. "The curriculum, which caters for a wide age range, was jointly developed by childhood educators, occupational therapists and nutritionists," Lee remarks.

The KindyROO program prepares children's brains for learning by engaging them in coordination and strength activities, music, sequencing, motor planning and so on, and thereby creates readiness for school and boosts language and auditory skill development.

The Sensory class, meanwhile, takes place at a specially designed sensory room at the center. There is a water table, messy play area, plus swings and a zip line in the safe and padded environment. "The facilities help children activate and realize all seven senses, raising their spatial and body awareness simultaneously," Lee explains.

As for fun nutrition discovery and table etiquette learning, the Cooking program has it covered. "They learn about where food comes from and thus know how to make wise, healthy eating choices. It is also very important for them to learn to follow instruction during the cooking process, and pick up proper table manners when the children share the meal the end of each class."

Led by experienced childhood instructors, the SuperSport program focuses on building kids' physical competence by engaging them in various sporting pursuits in the comfort of SPRING's amply spaced stadium. From the experience, young kids jump start on problem-solving skills, teamwork, communication and sportsmanship from an early age.

Apart from a holistic development plan for the little ones, the learning center holds regular events that address a variety of parenting issues, as a reliable source of insight for parents and caregivers alike. "We have monthly forums and information



Etta Lee, Centre Principal of SPRING

short courses for parents about critical aspects of parenting, such as emotional coaching, play therapy and the practical first aid guide," Lee says. "We want parents to feel comfortable to ask the difficult parenting questions."

Another integral part of the SPRING experience is the center's impressive array of facilities that span a whopping 9,000 square feet. The relaxation area features special pods for playing, while parents can spend time at the open-plan café watching from the side. There are also a number of spacious activity rooms and a play area with KindyROO's proprietary apparatus.

"We hope to provide a comfortable environment for both parents and kids to relax and linger," says Lee. "It is a place they would want to stay in even on days without classes."

"On top of that, the ultimate goal of the center is to make children feel confident about themselves while capitalizing their hidden potential. Both parents and kids can gain something special out of the SPRING experience," she concludes.

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When it comes to parenting in the early years, mastering the bottle is one thing, keeping watch for childhood milestones is another. Instructors at SPRING ease nervous parents through the process with tailored programs in a relaxed and comfy setting.

the best, which is why SPRING's early learning programs come in, to strengthen knowledge of parenting and child development, as well as helping kids reach their full potential in all creative ways possible."

"Our programs and wonderful sources of parenting information are of especially great help to first-time moms and dads, who are often scared by infancy," she adds.

On choosing the most suitable program, the SPRING team of professional instructors pays close attention to each kid's stage of development and put them in respective age groups. "Very often

