

Neurosense

Class Rundown Sample

6-12mths

Class Duration: **60 min**

Time	Activity	Objective
14:00	Hello time	Introduce theme of the class. Develop eye contact and social communication skills
14:05	Smelling fresh flowers	Experiment with a range of smells to develop the olfactory sense
14:12	Blow trumpets and whistles	Support oral motor control to develop communication and eating skills
14:20	Making pizza	Participating in a tactile activity to develop both discrimination and protective touch. Activities range from making pizza, playing hairdressers in cooked spaghetti, playing at the beach in edible sand or in the garden with cocoa soil.
14:30	Movement stations	To develop vestibular system and proprioceptive system or our movement sense and body awareness. Utilising Occupational Therapy equipment; ball pool; swings; hoops; tunnels; and more!
14:45	Music and tambourines	Listening to a variety of music, instruments and rhythms to support auditory development.
14:50	Relaxation	Using a specially designed Snoozeleen room maximising relaxation for calming of the nervous system.
14:55	Ribbon wands	Development of the visual system to track and follow different objects.
14:58	Goodbye song	Defining a finishing point to prepare for exit.